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The Vanderbilt Kennedy Center and its partners are seeking **at least 20 Tennessee community-based primary care providers**, including physicians, advanced practice nurses, and physician's assistants, to participate in a new telehealth project aimed at improving care for adults with intellectual and developmental disabilities.

What is the content?

Few community physicians have much experience in serving adults with IDD, and medical programs provide minimal disability-related training. The one-hour trainings will help providers work more effectively with people with IDD and will build on and include content from the IDD Toolkit www.iddtoolkit.org, an online resource for health care for people with IDD.

Compensation

Participants will earn *AMA PRA Category 1 Credit(s)*TM or AAFP Prescribed credits for each one-hour session in which they participate.

Visit Requirements

One-hour sessions on the computer/one per month

Who is delivering it?

A panel of experienced clinicians in internal and family medicine, psychiatry, neurology, psychology/behavioral health, occupational therapy, and nursing will discuss case studies, offer practical advice on managing health concerns, and didactic presentations on specific topics (e.g., sleep disorders, psychotropic medication management) in this population



How?

Our use of technology will allow busy medical professionals to connect through their office computers to a grand-rounds type of presentation that will permit give-and-take between the panel and the participants as well as among the participants at a time that is convenient. We ask that physicians agree to participate in as many sessions as possible.

We will measure outcomes with pre- and post-surveys regarding knowledge and comfort levels in treating patients with IDD, and we will ask providers to rate— before and after training—their likelihood of referring to a tertiary medical center for subspecialty care.

Why?

Our intent in providing easy-to-access, case-based telehealth training is to build the capacity of health care providers across the state to serve the needs of adults with IDD in their communities. By having a well-trained primary care provider, patients might have less need to rely on hospital emergency departments or specialists for routine care. In addition, we hope the rate of polypharmacy, particularly psychotropic medications, will be reduced.

Participant Criteria

At least 20 Tennessee community-based primary care providers, including physicians, advanced practice nurses, and physician's assistants.

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